

# "OUR ROCK IS CHRIST"

*"Fear not, nor be afraid; have I not told you from of old and declared it? And you are my witnesses! Is there a God besides me? There is no Rock; I know not any...there is no rock like our God..." **Isaiah 44:8***

"How was your weekend?" These days it feels like the question should be more like, "How was your last *hour*?" Things are changing and moving rapidly, and we feel it in our family and everyday lives maybe unlike any of us have ever felt before. We've even had literal earthquakes in the last few days - in Salt Lake City, Croatia, and Mexico. The ground is shaking, our world is shaking, and we are reminded how easily our souls can be shaken as a result. When things around us are shaking, only a True Foundation will keep our soul from shaking. Will we be shaken to pieces or we will be unmoved, steadfast, stable, and secure? What is your foundation these days? Have you found a reliable something to base your life on during this new, uncertain time?

*"the Rock was Christ." **1 Corinthians 10:4***

Have you ever noticed how many times the Bible talks about the metaphor of the "rock"? 30 times in the Psalms alone. 17 in Isaiah. The point is that the hard, reliable substance of the universally-recognizable object of a simple rock points us straight to the character and nature of the Eternal God Himself. He is not shaken by anything, He is strong, He is able, He is trustworthy. He cannot be broken... unless He chooses to be broken. In Christ, the visible Rock, God chose to be broken on the cross so that all believing, redeemed humanity could be strong and have nothing to fear anymore. We are not the rock, but **Jesus Christ is the Rock on which we stand - to give us stability, strength, and even joy during times of trouble or confusion or virus.** That is our encouragement for this day... especially a Monday under quarantine :)

*"I waited patiently for the LORD; he inclined to me and heard my cry. He drew me up from the pit of destruction, out of the miry bog, and set my feet upon a rock, making my steps secure. He put a new song in my mouth, a song of praise to our God. Many will see and fear, and put their trust in the LORD."*

**Psalm 40:1-3**

On Christ the Solid Rock I Stand,

Pastor Steven



## QUESTIONS:

1. What is shaking you today?
2. What is the easy, false rock that you find yourself going to now for stability? Netflix?
3. When is a time today you can set aside to set "soul goals" for the duration of this virus season?